



NOTICE OF RACE AND SAILING INSTRUCTIONS

Open Dutch Championship

Formula Windsurfing class Course Race discipline

organised by Nederlandse Vereniging van Wedstrijdsurfers

under the auspices of the RNWA

DATES AND LOCATIONS

Dates	Location
19, 20 en 21 of September	Medemblik

[NP] denotes that a breach of this rule will not be grounds for a protest by a board.
[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing". This changes RRS 63.2 and A5.1. The penalties are described in 'Addendum A: Standard penalties'.

1. RULES

- 1.1. The event is governed by the rules as defined in *Racing Rules of Sailing (RRS)* (including appendix B). The Prescriptions of the RNWA can be found at: [Racing Rules of Sailing](#).
- 1.2. The 'Rules for Championships Sailing, Windsurfing and Kiteboarding' (available at [reglement-voor-kampioenschappen](#) (watersportverbond.nl) will apply.
- 1.3. If there is a conflict between languages the text in the English language will take precedence.
- 1.4. Every person on a board who has his domicile in the Netherlands shall have the appropriate [licence](#).
- 1.5. The GDPR can be found on the website: [wedstrijdsurfen.nl](#)

2. ELIGIBILITY AND ENTRY

- 2.1. The event is open to all boards of the Formula Windsurfing Class Foil Division (including iQFOIL). And consists of the following 4 divisions: Overall, Women, Youth and Masters
 - 2.1. Boards may enter the event by registering at the online registration form: <https://www.wedstrijdsurfen.nl/evenement/onk-foil-course-19-21-september-medemblik/>.
- 2.3. To be considered an entry in the event, a board shall complete all registration requirements and pay all fees.

Your results are only made public when you have completed all requirements (paid the entry fee and acquired a competition licence)
- 2.4. The competitors will sail as one class.



- 2.5. A minimum of 15 competitors are required to constitute a new division.
- 2.6. A minimum of 5 competitors are required to constitute a subdivision
- 2.7. The following subdivisions apply:
 - a. Men
 - b. Grandmaster over the age of 50 (born in or before 1974),
 - c. Junior U17 (born in or after 2009),
 - d. Junior U15 (born in or after 2011).
 - e. Junior U13 (born in or after 2013)
 - f. iQFoil overall

3. FEES

- 3.1. Early bird entry fee is: € 100 per weekend
- 3.2. Early bird deadline is 12 September.
- 3.3. Last minute entry fee is: € 125 per weekend

4. QUALIFYING SERIES AND FINAL SERIES

- 4.1. Not applicable

5. SCHEDULE

- 5.1. All registered competitors shall report their participation on Friday September 19th between 9.00 and 9.30 at the Race Office.
- 5.2. Dates of racing:

Date	First possible warning signal
September 19	12.00
September 20	10.00
September 21	10.00

*Dates may be cancelled up to 2 weeks before a weekend due to unforeseen circumstances.
Information about cancellation can be found on the NVW website and the NVW social media channels.*

- 5.3. Number of races:

Scheduled races per day	6
Maximum races per day	8

- 5.4. A daily skippers meeting will be 60 minutes before the first possible warning signal on that day.
- 5.5. To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 5 minutes before a warning signal is made.
- 5.6. On the last day of the regatta no warning signal will be made after 18:00.

6. CLASS FLAGS

- 6.1. The Class flags is a white flag with the NVW logo:



7. RACING FORMAT

- 7.1. The racing formats are: fleet racing, races where the starting groups are divided in heats (heat racing) and marathon.
- 7.2. All divisions shall race together.
- 7.3. [NP] There is no wind limit, the decision to start racing will be made by the race committee. The race committee will start racing when suitable foiling conditions are met (this will most likely be more than 7 knots).
- 7.4. [NP] The decision of the race officer about suitable conditions are no ground for redress

8. SCORING AND JUDGING

- 8.1. Four races are required to be completed to constitute a series.
- 8.2. One elimination is required to be completed for valid results.
- 8.3. All divisions will race as one fleet. The scoring will be individual per division.

9. VENUE AND RACING AREA

- 9.1. The race office is located at the following address: Regatta Center Medemblik, Vooroever 3, 1671 SG, Medemblik
- 9.2. The normal opening hours of the race office are 09:00 – 17:00.
- 9.3. Unless otherwise directed by the organising authority, boards and equipment shall be launched and retrieved from the designated area at the event site.
- 9.4. The traffic rules, in particular those concerning parking will be strictly enforced.

10. OBSTRUCTIONS, RACING AREA AND COURSES

- 10.1. The areas which are designated as obstructions will be posted on the Official Online Notice Board. The notice board can be joined via this link to the Whatsapp group: [link to the Whatsapp group](#). Joining the group is required at the start of the event (because joining later can result in missing important information).
- 10.2. The racing area is the area where competitors are racing in normal conditions.
- 10.3. Boards not racing shall stay approximately 75 metres outside the racing area.
- 10.4. The course diagram, as well as the order in which marks are to be rounded or passed and the way in which the course is designated from the race committee board, will be posted at least 20 minutes before the first warning signal of the relevant race.

11. MARKS

- 11.1. The marks of the course will be yellow Tetrahedron buoys.
- 11.2. The starting mark will be orange buoy with an orange flag. Finish mark will be blue buoys with an blue flag

12. CHANGE OF THE NEXT LEG OF THE COURSE




- 12.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

13. START AND FINISH

- 13.1. Races will be started as follows:

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
3	Class flag	One	Warning signal
2	U, black or I	One	Preparatory signal
1	Preparatory flag removed	One long	One minute
0	Class flag removed	One	Starting signal

This changes RRS 26

- 13.2. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 13.3. If the first leg from the startline to mark 1 is a run or reach (for downwind Heat racing formats PD and SD in Addendum B).
In the last 30 seconds before the starting signal:
- all boards shall sail in the pre-start zone in the direction of the first mark;
 - a board approaching from outside the pre-starting zone is not entitled to room or mark-room and shall keep clear of boards inside the pre-start zone;
 - a board that stops, slows down significantly, or one that is not making significant forward progress shall keep clear of all others, except when accidentally capsized.
- Pre-start zone: The area formed by the starting line and the extensions of the lines from the first mark to the starting marks. During a starting sequence, the pre-start zone is part of the course area.
- 13.4. Boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 13.5. A board that does not start within 15 minutes after her starting signal shall be scored Did Not Start without a hearing. This changes RRS 63.2, A5.1 and A5.2
- 13.5. The finishing line will be between a staff displaying a blue  flag on the finishing mark at the starboard-end and the course side of the port-end finishing mark.

14. TIME LIMITS [AND TARGET TIMES]

- 14.1. The Race Target Time, Race Time Limit and the Finishing Window are shown in the table below.

Format	Race Target Time	Race Time Limit	Finishing Window




Fleet Racing	12	16	10
Heat racing	5	7	4
Marathon	30	45	15


- 14.2. The Finishing Window is the time for boards to finish after the first board sails the course and finishes. Boards failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Did Not Finish (DNF) without a hearing. A board scored TLE shall be scored points for the finishing place one more than the points scored by the last board that finished within the Finishing Window. This changes RRS 35, 63.2, A5.1, A5.2 and A10.

- 14.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b).








15. COMMUNICATION AND SIGNALS MADE ASHORE

- 15.1. [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a board shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boards. The use of GPS sport watches is allowed, the GPS information may only be used as analyses when the race is over.
- 15.2. Signals made ashore will be displayed at the flagpole in front of the Race Office.
- 15.3. When flag AP  is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.
- 15.4. If no class flags are shown the signals will apply to all classes and race courses.

16. CHANGES TO THE SAILING INSTRUCTIONS

- 16.1. Any change to the sailing instructions and the Supplemental Sailing Instructions (SSI) will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted evening before it take place at 20:00hrs.
- 16.2. If oral instructions or changes to the sailing instructions will be given on the water, flag L  shall be shown at least 5 minutes before the instructions or changes. Sufficient effort has to be made to inform all the competitors involved.

17. [NP][DP] SAFETY REGULATIONS

- 17.1. [DP] A board that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore.
- 17.2. [SP] Flotation devices: At all time on the water.
- 17.3. [SP] If either one of the signals "N"  over H" , "N over A" , "AP  over H"  or "AP  over A"  is made on one or more RC vessels, boards shall return to the competitors area on the beach as soon as reasonably possible.
- 17.4. [NP][SP] Competitors shall wear a helmet with the minimum standard EN1385 or EN1077 or equivalent with the exterior surface in a high visibility colour at all times when afloat.
- 17.5. Competitors are strongly recommended to wear an impact vest



18. EQUIPMENT INSPECTION, CLOTHING, EQUIPMENT AND REPLACEMENT

- 18.1. Each board shall have an unique World Sailing registration number.
- 18.2. [SP] The Equipment inspectors will pay special attention to sail identification rule compliance.
- 18.3. [DP] Boards shall also comply with RRS 78.1 when presented for inspection.
- 18.4. Substitution of competitors will not be allowed without prior written approval of the race committee. Replacement of the responsible person is not allowed.
- 18.5. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.
- 18.6. A board or equipment may be inspected at any time for compliance with the Class Rules, Notice of Race and Sailing Instructions.
- 18.7. [DP] When instructed by a race official on the water, a board shall proceed to a designated area for inspection.

19. HEARING REQUESTS

- 19.1. The protest time limit is 30 minutes after the last board finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 19.2. Hearing request forms are available from the race office at the Race Office.
- 19.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located near the Race Office.

20. ADVERTISING

- 20.1. Boards may be required to display advertising chosen and supplied by the organising authority while afloat.
- 20.2. The organising authority may provide bibs that competitors are required to wear while afloat as permitted by the World Sailing Advertising Code.
[DP] Competitors and support persons shall place advertising provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

21. [DP] SUPPORT TEAMS

- 21.1. Team leaders, coaches and other support persons shall stay outside areas where boards are racing from the time of the preparatory signal for the first start until all boards have finished or retired or the race committee signals a postponement, general recall or abandonment.

22. TRASH DISPOSAL

- 22.1. Trash may be placed aboard support or race crew vessels.

23. PRIZES

- 23.1. The RNWA supplies for the winning board a blue pennant and a medal for every member of the crew of the first three boards or crews of the divisions:



- a. Overall
- b. Women
- c. Youth
- d. Masters

23.2. Overall and other prizes will be given to subdivisions depending on the number of competitors. This will be done to the discretion of the organising authority.

24. **INSURANCE**

24.1. Each participating board shall be insured with valid third-party liability insurance with a minimum cover of Euro 500.000 or the equivalent per incident.

25. **RISK STATEMENT**

25.1. RRS 3 states: 'The responsibility for a board's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, board handling errors, poor seamanship by other boards, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

25.2. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. **DATA PROTECTION**

26.1. By participating in this event, competitors automatically grant to the organising authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

27. **ORGANISATION**

27.1. Officials

The race officer: Leendert Faber

The chairman of the protest committee is: Nicole de By

20. **FURTHER INFORMATION**

20.1. For further information please contact: wedstrijdzaken@wedstrijdsurfen.nl.

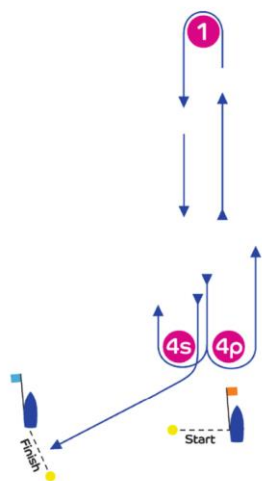


ADDENDUM A - Standard penalties

NOR/SI umber	Penalty
17.2	1 point
17.3	1 point
17.4	1 point
18.2	1 point for every race sailed with sailnumbers the are not complying

ADDENDUM B - Examples of racing formats

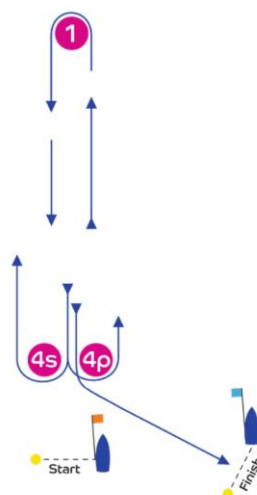
LG



Course:

Signal	Mark Rounding Order
LG2	Start - 1 - 4s/4p - 1 - 4s - Finish
LG3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish
LG4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish

LR

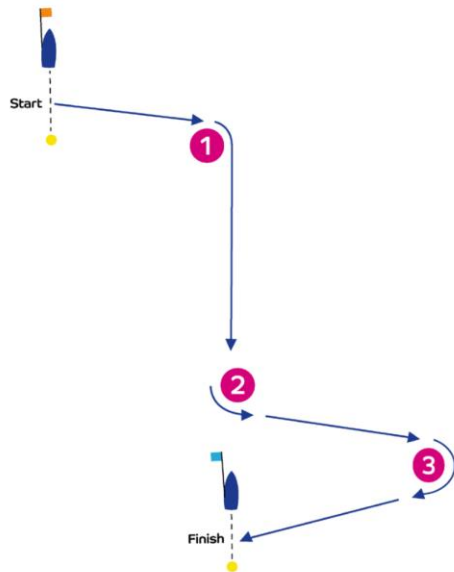


Course:

Signal	Mark Rounding Order
LR2	Start - 1 - 4s/4p - 1 - 4p - Finish
LR3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish
LR4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish



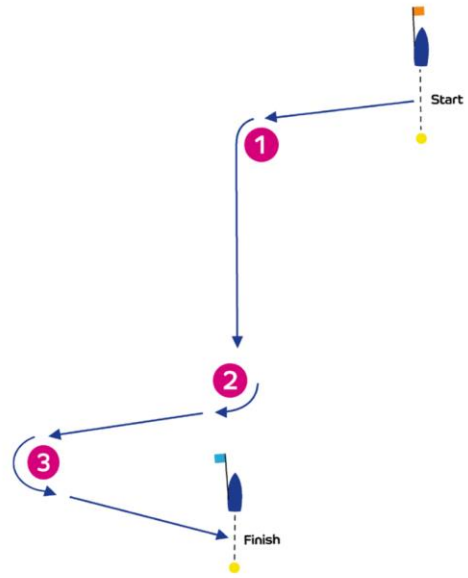
PD



Course:

Signal	Mark Rounding Order
PD3	Start - 1s - 2p - 3s - Finish

SD



Course:

Signal	Mark Rounding Order
SD3	Start - 1p - 2s - 3p - Finish